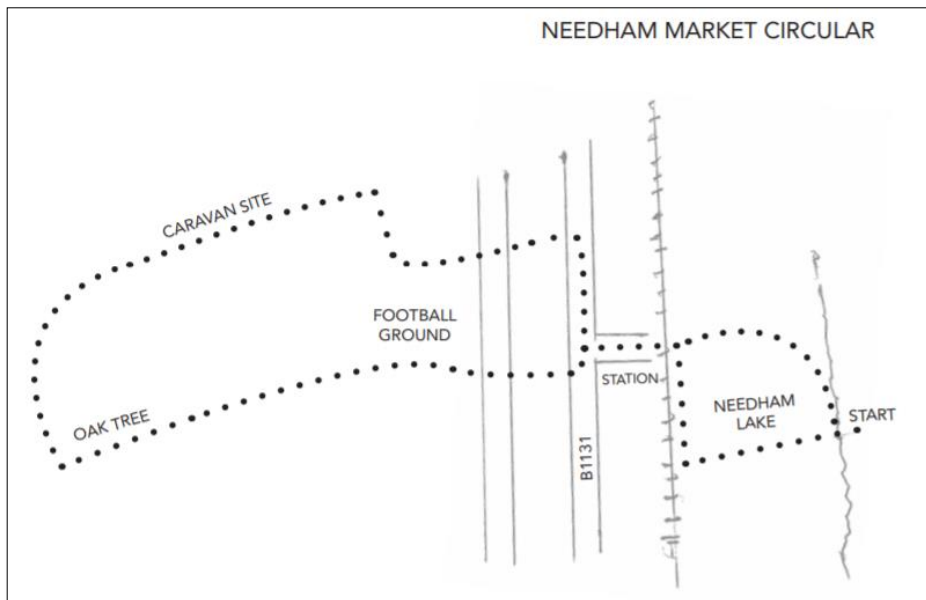


## Needham Market Circular – 3.5 miles by Derek Magnall



From Needham Lake information Centre, cross over the footbridge towards the lake and turn left. Keep the lake on your right and the railway line on your left. Continue along side of the Railway Line. Turn left through the Cattle Tunnel (bow your head) and turn left again to reach Station yard.

Leave Station Yard heading towards High Street and cross the road to the Swan. Go through the entrance to the car park, following footpath sign. Head to far left hand corner through narrow passage walled both sides. Straight across minor road and up to School Street

Continue till you meet road, cross road straight up passing football ground on your right. Continue along wide track until you meet hedges on your right. Pass through hedge over footbridge. Turn Left along enclosed path. Continue along path crossing wide track. Continue along enclosed path, **passing under large oak tree**. Then turn right through hedge, continue along path, hedge on your left. Over footbridge. Continue along path to the top of the field, path bears right, hedges on your left. Continue along path meeting wide track, continue straight ahead down wide track. Reaching caravan site turn right along wide track, caravan site on your left. On meeting minor road turn right.

Continue to the bottom of the hill. As the minor road starts climbing, turn right at the footpath sign. Continue crossing field to far right corner to hedges. Turn left and continue along enclosed path to meet road. Cross road and continue down The Causeway. Continue to main road, B1113. Turn right and cross at the pedestrian crossing. Turn right and continue to Station Yard.

Turn left in Station Yard, keeping to the left to return to the Cattle Tunnel. Pass through the tunnel and turn right. Bear left along the grass track and left again along the path circling Needham Lake and Nature Reserve. Continue along the path till you see the footbridge. Turn left over the footbridge back to the Information Centre.